



Fishing for Emotions







Game

This game helps children understand emotions for themselves and others.

One child comes to the front of the room and the other children are sitting on the floor.

The adult holds the jar which has the pictures in it.

The child puts their hand in the jar with blu-tack on their finger like it's a fishing rod and sticks the blu-tack to one of the pictures and pulls it out.

The child then gives an example of what might make someone feel that way.